## **Introduction to Leadership**

#### Course

Principles of Health Science

## Unit VI

Leadership

# Essential Question

What leadership qualities do I have?

### **TEKS**

130.201(c) 3A, 3B

# **Prior Student Learning**None

# Estimated time 1-2 hours

#### Rationale

Students are encouraged to recognize the leadership qualities that should be exhibited by health care professionals. As leaders, health care workers are called upon to influence the wellbeing or safety of others.

## **Objectives**

Upon completion of this lesson, the student will be able to:

- Identify traits of leaders
- Demonstrate the skills, characteristics, and responsibilities of leaders and group members

## **Engage**

Have students brainstorm the following 3 topics in small groups, and record it on a large piece of paper:

- 10 great leaders of all time (both good and bad)
- Qualities that make a person a leader
- Careers which require leadership qualities

## **Key Points**

- I. A leader is a person who directs with authority and influence.
- II. A leader is one who
  - A. guides
  - B. directs
  - C. facilitates processes
  - D. empowers
  - E. influences others to follow
- III. People often have higher expectations of a leader.

### **Activity**

- I. Read the short story, "One at A Time," and determine whether or not the man in the story is making a difference as a leader.
- Compare and contrast, in groups, the similarities and differences of the individual perception of leadership qualities, and construct a chart or graph.

- III. Design a mural to illustrate the group's perception of leadership qualities.
- IV. Justify and explain the project to the class during an oral presentation.
- V. List and rank qualities that are important for a health care leader to possess.
- VI. Write an essay of not more than 250 words on three leadership qualities.

# Assessment <a href="Project Rubric">Project Rubric</a> Writing Rubric

#### **Materials**

For a collage or mural:

Butcher paper or poster board
Scissors
Magazines
Glue
Markers
For a short story:
Copy of the short story, "One at A Time"

## **Accommodations for Learning Differences**

For reinforcement, students will locate an article illustrating desirable leadership qualities, and list the qualities found.

For enrichment, research a health care "hero" from the past and discuss the qualities and characteristics that made him or her a leader.

#### **National and State Education Standards**

National Health Science Cluster Standards HLC07.01 Leadership and Teamwork Health care workers will understand the roles and responsibilities of individual members as a part of a team.

#### **TEKS**

130.202(c)(3)A identify traits of a leader; and 130.202(c)(3)B demonstrate leadership skills, characteristics, and responsibilities of leaders such as goal setting and team building.

Texas College and Career Readiness Standards English-Writing:

A.2. Generate ideas and gather information relevant to the topic and purpose, keeping careful records of outside sources. Reading:

D.1. Describe insights gained about oneself, others, or the world form reading specific texts.

English-Listening:

B.3. Listen actively and effectively in a group discussion Cross-Disciplinary Standards Reasoning:

B.1. Consider arguments and conclusions of self and others.

# One At A Time

As an old woman walked the beach at dawn, she noticed a young man ahead of her picking up a starfish and flinging it into the sea. Finally catching up with the man, she asked him why he was doing this. The answer was that the stranded starfish would die if left in the morning sun.

"But the beach goes on for miles and there are millions of starfish," countered the old woman. "How can your effort make any difference?"

The young man looked at the starfish in his hand and then threw it safely in the waves. "It makes a difference to this one," he replied.

- Author unknown

# **Writing Rubric**

Student:	Date:

Scoring criteria	4. Excellent	3. Good	2. Needs Some Improvement	1. Needs Much Improvement	N/A
The writing has all required parts, from introduction to conclusion, in smooth transition.					
The writing is interesting, supportive, and complete.					
The writing demonstrates that the writer comprehends the writing process.					
Accurate spelling, grammar, and punctuation.					
The content of the paragraphs emphasizes appropriate points.					
The writer shows an understanding of sentence structure, paragraphing, and punctuation.					
All sources and references are clearly and accurately documented.					

NOTE: N/A represents a response to the performance which is "not appropriate."

# **Project Rubric**

Student:	Date:

Scoring criteria	4. Excellent	3. Good	2. Needs Some Improvement	1. Needs Much Improvement	N/A
Clearly/effectively communicates the main idea or theme.					
Reflects the application of critical thinking.					
Information clearly provided in an organized and thoughtful manner.					
Strong examples used to describe the theme or objective.					
Illustrations follow a logical reasoning.					
Each image and font size is legible to the entire audience.					
No spelling, grammatical, or punctuation errors.					

NOTE: N/A represents a response to the performance which is "not appropriate."